

## LECTURE #19

### DEALING WITH FEAR

#### INTRODUCTION

1. The words " \_\_\_\_\_ " are often repeated words in Scripture, appearing 63 times.

Christ:

Paul to Timothy: 2 Tim 1:7

John: 1 Jn 4:18

2. Yet out of fear:

--many people move from job to job, city to city, friend to friend, lock themselves in houses, neglect to get physical care, flee to mental institutions, and even flee from life itself.

--some children fear storms and make-believe monsters.

--there are adults that will not travel by air because of fear; There are people who live in horror of the future, who fear things from witnessing to taking the challenge of a new job to creatures like mice.

3. Biblical insights about fear:

#### **I. WHEN FEAR IS NOT WRONG**

A. We should have a healthy \_\_\_\_\_ for danger.

1. As a protection device, it is \_\_\_\_\_.

2. As a pre-occupation, it is sin (a lack of \_\_\_\_\_).

B. We should have the fear of \_\_\_\_\_.

#### **II. WHEN FEAR IS WRONG**

## A. Fear of \_\_\_\_\_ - Not God

1. Refusing to \_\_\_\_\_ in community for Christ and principles

--Jn 12:42-43

--Remember Peter in Pilate's Hall?

2. Isolation, exclusion because of fearful \_\_\_\_\_

## B. Fear things \_\_\_\_\_ more than eternal.

Fear not those who are able to kill the \_\_\_\_\_ (Luke 12:4-5).

Key: Christians must be "\_\_\_\_\_ -picture" people (2 Cor 4:18).

## C. Fear of things we \_\_\_\_\_ change that keeps us from things we \_\_\_\_\_ change.

--Gen. 4:14 Case in point--Cain.

--Lev. 26:36; Prov 28:1

## D. Fear that hinders us from God's \_\_\_\_\_ is wrong.

1. When a parent says, "You can't talk to me about my \_\_\_\_\_!"

2. (Luke 19:21) When I refuse to set \_\_\_\_\_ because I'm afraid I'll fail.

## E. When we \_\_\_\_\_ by using fear.

**III. UNDERSTANDING THE NATURE OF FEAR**

## A. It began in \_\_\_\_\_ with sin.

\*It's linked to wrong \_\_\_\_\_ (Gen. 3:8).

\*It's linked to a lack of right doing (Mt 25:25).

## B. It is a lack of a proper fear of \_\_\_\_\_.

See: Psalm 112:1, 7, 8

Key: A fearful person focuses on and is preoccupied with \_\_\_\_\_ instead of God.

C. It is the absence of God's \_\_\_\_\_ maturing in us.

1. The focus of fear is \_\_\_\_.
2. The opposite of fear is love.

<b>Fear</b>	<b>Love</b>
Self-protecting	Self-giving (Jn 3:16)
What will I lose?	What can I give?
What will happen to me?	What can I give to others?
Moves away from problem	Moves toward problem
Secludes self	Risks itself--reaches out
Hesitates	Starts
Can be cast out (1 Jn 4:18)	Can cast out fear

D. Greatest fear

Death and judgment (Heb. 2:14-15)

**IV. HOW TO HANDLE FEAR – THREE STEPS...**

A. Step #1: Deal with evident \_\_\_\_\_ (Prov 28:1).

1. If unsaved (Heb 2:14-15)
  - a. He is guilty.
  - b. He fears the sting of death.
  - c. He needs to be \_\_\_\_\_.
2. Gen. 4:14 - "They're out to get me."
  - a. Determine if there is unconfessed sin.
  - b. Confess to God and appropriate people.
  - c. Put on positive character quality of Christ.
3. Remember that immobility is sin of omission.

B. Step #2: Develop proper fear of \_\_\_\_\_ (Ps 112:1, 7. 8).

C. Step #3: Growth in Love (Replace fear with \_\_\_\_\_; 1 John 4:18).

The Goal: Putting on Loving \_\_\_\_\_

1. Even the \_\_\_\_\_ person under common grace practices some.
2. The \_\_\_\_\_ has greater opportunity.

**What's true of fear?**

It's highly suspicious  
 What will happen to me  
 Hesitates  
 I won't try

**What's true of love?**

Believes all things (1 Cor 13)  
 Thinks no evil  
 Tackles problem  
 Acts

3. Acts \_\_\_\_\_ in Situation! 1 John 3:18

**Key:** Realizing we died and rose again with Christ, we now have His \_\_\_\_\_ to learn practical biblical love. This love for Christ makes it possible to walk in the light or face the problem and carry out biblical loving solutions.

**CONCLUSION**

1. Rom. 8:15 We have received not the Spirit of bondage again to fear...
2. 2 Tim. 1:7 Paul to Timothy: Others have, you can, you must.

**CAUTION:** Motive is key in love.

1. We do not love in order to \_\_\_\_\_ of fear.
2. We love in order to \_\_\_\_\_ God.